

The Five R's – Part 1

Introduction

“Be that one person God can depend on”

This teaching develops a strong biblical theme: God accomplishes His plans through willing and responsible people. The life of Moses shows both human weakness and divine faithfulness, while Aaron illustrates how God can bring others alongside to help fulfill His purpose.

Central Theme

The core message is that believers are called to become dependable instruments in God's hands.

Jesus is presented as:

- The problem Solver
- The missing ingredient in unsaved lives
- The answer
- Consistent, dependable, and available

Jesus Christ is the perfect example of reliability and faithfulness.

Key Scriptures

- John 14:6 — Jesus is *“the way, the truth, and the life.”*
- Hebrews 13:8 — Jesus Christ is the same yesterday, today, and forever.

The lesson then shifts from who Jesus is to who believers should become:

- Part of the answer
 - Not part of the problem
 - One piece of the puzzle in people's lives
 - Someone God can depend on
-

Major Teaching Flow

1. God Hears Human Bondage and Pain

The teaching begins with the condition of the children of Israel in Egypt:

- They were in bondage
- They groaned and cried out
- God heard them
- God acknowledged them

Important Insight

God is attentive to suffering. He does not ignore oppression, pain, or hopelessness.

The progression in Exodus is powerful:

1. The people cry
2. God hears
3. God remembers
4. God acknowledges
5. God acts

This creates a pattern believers can trust:

God responds to sincere cries for help.

2. God Always Has a Plan

The lesson strongly emphasizes divine purpose.

Key Scripture

Jeremiah 29:11

God's plans are:

- Hope-filled
- Future-oriented
- Redemptive
- Designed for welfare and peace

A strong point in the message is this:

God did not merely notice Israel's suffering — He already had a deliverance plan.

3. God Often Works Through People

This is one of the strongest themes in the teaching.

God said:

"I have come down to deliver them..."

Yet immediately afterward, God tells Moses:

"I will send you."

Critical Principle

God comes down spiritually, but often works practically through human vessels.

Moses became one piece of the puzzle in God's deliverance plan.

This is directly connected to the believer's responsibility today:

- God wants to use people
 - God works through yielded lives
 - One obedient person can help others see God's larger plan
-

4. Human Weakness Does Not Disqualify Us

This section is especially relatable.

Moses responds with insecurity:

- "Who am I?"
- "I am slow of speech."
- "Send someone else."

The teaching honestly acknowledges:

- Personal deficiencies
- Feelings of inadequacy
- Fear
- Hesitation
- Self-doubt

Key Supporting Passage

2 Corinthians 12:9–10

Paul explains that God's strength is made perfect in weakness.

This is a major spiritual principle:

God does not require perfection before usefulness.

5. God May Bring Others Alongside Us

An important observation is made when God appoints Aaron. Aaron became a supporting piece in the mission.

Powerful Insight

Sometimes God answers weakness with partnership.

This reinforces:

- Teamwork in ministry
- Interdependence in the body of Christ
- The necessity of every believer

The teaching wisely avoids glorifying isolation or independence.

Responsibility vs. Unreliability

This is the practical heart of the lesson.

Definition

“Knowing and doing what both God and others are expecting from me.” (IBLP)

That definition moves responsibility from mere intention to faithful action.

The message repeatedly asks:

- Can God rely on us?
 - Can others rely on us?
 - Will we say “I will” and follow through?
-

The Body of Christ Theme

The use of 1 Corinthians 12 is very effective.

Key truths:

- We need each other
- Every believer matters
- Every part is necessary
- No one fulfills God’s purposes entirely alone

This balances personal responsibility with faith community dependence.

Strong Practical Warnings

The teaching warns believers about attitudes that hinder usefulness:

- Complaining about shortcomings
- Doubting God’s ability to use us
- Fear of change
- Shrinking back from assignments

Moses becomes a mirror for self-examination.

The Seven “I Will’s” of God

The conclusion centers on God’s faithfulness in Exodus 6:6–8.

The repeated phrase “I will” reveals God’s reliability.

God Says:

- I will bring you out
- I will rescue you
- I will redeem you
- I will take you
- I will be your God
- I will bring you in
- I will give it to you

This creates a contrast:

God’s Part

Faithfulness, promise, provision, deliverance

Our Part

Willingness, obedience, response, responsibility

Main Takeaways

Personal Application

Believers are challenged to:

- Be dependable
 - Be available
 - Be responsible
 - Be spiritually consistent
 - Help others see Jesus
 - Become part of God’s solution
-

Key Repeated Themes

Dependability

God is dependable, and believers should reflect His character.

Availability

God uses willing people more than merely talented people.

Partnership

God often works through teams, relationships, and the body of Christ.

Responsibility

Faithfulness matters deeply in the Kingdom of God.

Divine Purpose

Every believer can become a meaningful “piece of the puzzle” in someone else’s life.

Memorable Line from the Teaching

“Be that one person God can depend on.”

That statement captures the entire message.

[Click here.](#) Main resource.